



Independence Central Office

Scheduled Menu Plans

7500 Hanthorn Early Education

Serving Period: Breakfast
Date: 2/1/2019
Base Menu Plan: 3,008 EE 1-5Y BFAST W1D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 170

Stock Number	Description	Serving Size	Measure	Projected Quantity
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	100.0000	kcal	Carbohydrate
				20.0000 g
A392	YOGURT TRIX #2212	1	1 CONTAINER	133
	Nutrient	Value	Units	Nutrient
	Food Energy	80.0000	kcal	Carbohydrate
				15.0000 g
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	Nutrient
	Food Energy	25.0000	kcal	Carbohydrate
				3.0000 g
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	Nutrient
	Food Energy	37.5000	kcal	Carbohydrate
				2.7500 g

Serving Period: Lunch
Date: 2/1/2019
Base Menu Plan: 3,920 EE 1-5Y LUNCH W1D5 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 160

Stock Number	Description	Serving Size	Measure	Projected Quantity
A100	CHEESEBURGER ON WG BUN	1	1 SANDWICH	135
	Nutrient	Value	Units	Nutrient
	Food Energy	340.4695	kcal	Carbohydrate
				28.0117 g

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A425	POTATO CRINKLE FRIES	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	132.0316	kcal	
a164	LETTUCE, TOMATO, PICKLE 6 CT	1	1 serving	135
	Nutrient	Value	Units	
	Food Energy	10.2443	kcal	
A070	CARROTS, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	27.9508	kcal	
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
2286	KETCHUP JUG WITH PUMP	1	Ounce	68
	Nutrient	Value	Units	
	Food Energy	33.3278	kcal	
1097	MUSTARD	1	Ounce	14
	Nutrient	Value	Units	
	Food Energy	0.0000	kcal	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/1/2019

Feeding Figure: 240

Base Menu Plan: 3,046 EE 1-5Y SNACK W1D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1015	CHEESE STRING MOZ LT	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
1923	CRACKER SALTINE (WG)	1	PKG (2 CRACKERS)	135
	Nutrient	Value	Units	
	Food Energy	30.0003	kcal	

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1353	JUICE APPLE 100%	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/5/2019 **Feeding Figure:** 133
Base Menu Plan: 3,010 EE 1-5Y BFAST W2D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		90.7747	kcal	Carbohydrate		19.5767	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0000	kcal	Carbohydrate		16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/5/2019 **Feeding Figure:** 135
Base Menu Plan: 3,922 EE 1-5Y LUNCH W2D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A077	QUESO BLANCO BEEF ENCHILADAS	1	2 ENCHILADAS	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		297.3600	kcal	Carbohydrate		16.3599	g
A016	RICE, MEXICAN	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		78.7958	kcal	Carbohydrate		13.4837	g
A057	BROCCOLI, STEAMED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		26.2924	kcal	Carbohydrate		5.0593	g

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A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	201.9896	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.4970	g	
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	
	Food Energy	110.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/6/2019

Feeding Figure: 135

Base Menu Plan: 3,923 EE 1-5Y LUNCH W2D3 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A456	ALFREDO CHICKEN, JTM penne	1	1 SERVING	135
	Nutrient	Value	Units	
	Food Energy	232.6962	kcal	
	Nutrient	Value	Units	
	Carbohydrate	25.6039	g	
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	3.5905	kcal	
	Nutrient	Value	Units	
	Carbohydrate	0.6010	g	
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	11.6147	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7139	g	
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	8.1076	kcal	
	Nutrient	Value	Units	
	Carbohydrate	1.7522	g	
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	
	Food Energy	75.1369	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.7866	g	

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A7078	STRAWBERRIES #7112	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	69.4375	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.4915	g	
2366	DRESSING ITALIAN OTT'S	1	Ounce	135
	Nutrient	Value	Units	
	Food Energy	29.3055	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.8148	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/6/2019 **Feeding Figure:** 135
Base Menu Plan: 3,050 EE 1-5Y SNACK W2D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	SERVING 4.5 OZ	135
	Nutrient	Value	Units	
	Food Energy	60.0001	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/7/2019 **Feeding Figure:** 133
Base Menu Plan: 3,012 EE1-5Y BFAST W2D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/8/2019 **Feeding Figure:** 135
Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	29.4972	kcal		Carbohydrate	7.5488	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	75.0000	kcal		Carbohydrate	5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/12/2019 **Feeding Figure:** 133
Base Menu Plan: 3,015 EE 1-5Y BFAST W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	279.4904	kcal		Carbohydrate	38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	60.0000	kcal		Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
	Food Energy	50.0000	kcal		Carbohydrate	6.0000	g

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2144	MILK 1% HALF GAL	1	6 OZ	127		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/12/2019 **Feeding Figure:** 135
Base Menu Plan: 1,003,510 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A444	CHICKEN TERIYAKI W/ VEG EE	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	256.0424	kcal	Carbohydrate	40.3998	g
A012	PEAS	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	71.6249	kcal	Carbohydrate	12.3532	g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	16.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/12/2019 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	140.0000	kcal	Carbohydrate	22.0000	g

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2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/13/2019 **Feeding Figure:** 133
Base Menu Plan: 3,016 EE 1-5Y BFAST W3D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	133
	Nutrient	Value	Units	
	Food Energy	80.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	15.0000	g	
1402	CEREAL CHEERIOS BOWL 1 OZ	1	BOWLPAK (1)	133
	Nutrient	Value	Units	
	Food Energy	100.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	20.0000	g	
1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	2 OZ CEREAL MILK	128
	Nutrient	Value	Units	
	Food Energy	25.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	3.0000	g	
2152	MILK WHOLE 1/2 GAL	1	2 OZ CEREAL MILK	6
	Nutrient	Value	Units	
	Food Energy	37.5000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	2.7500	g	

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Serving Period: Lunch
Date: 2/13/2019
Base Menu Plan: 3,928 EE 1-5Y LUNCH W3D3 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A194	WG CHICKEN PARM-SPAGHETTI	1	1 SERVING	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	441.2048	kcal	Carbohydrate	74.2795	g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	3.5905	kcal	Carbohydrate	0.6010	g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	11.6147	kcal	Carbohydrate	2.7139	g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	8.1076	kcal	Carbohydrate	1.7522	g
A7046	BEANS, NORTHERN GR (SALAD BAR)	1	1/4 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	82.4860	kcal	Carbohydrate	15.5007	g
1340	APPLESAUCE UNSWEETENED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	13.0000	g
2365	DRESSING RANCH OTT'S	1	Ounce	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	85.8443	kcal	Carbohydrate	4.2922	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack
Date: 2/13/2019
Base Menu Plan: 3,055 EE 1-5Y SNACK W3D3 18-19
Menu Comments:

Serving Line: MAIN

Age Group: Grades K-5
Feeding Figure: 135

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Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A410	WG SQUARES CHERRY BERRY #2349	1	1 MUFFIN SQUARE	135
Nutrient		Value Units		Nutrient
Food Energy		74.9008	kcal	Carbohydrate
				14.3135 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
Food Energy		50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/14/2019 **Feeding Figure:** 133
Base Menu Plan: 3,017 EE 1-5Y BFAST W3D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
Nutrient		Value Units		Nutrient
Food Energy		201.9896	kcal	Carbohydrate
				4.4970 g
A029	TOAST, WG	1	1 SLICE	133
Nutrient		Value Units		Nutrient
Food Energy		112.5000	kcal	Carbohydrate
				18.0000 g
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
Nutrient		Value Units		Nutrient
Food Energy		60.0000	kcal	Carbohydrate
				16.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
Nutrient		Value Units		Nutrient
Food Energy		50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
Nutrient		Value Units		Nutrient
Food Energy		75.0000	kcal	Carbohydrate
				5.5000 g

Trans Fat is displayed for informational purposes only, not for monitoring.
 * Nutrient value marked as missing contains at least one ingredient for which nutrient data is absent.



Independence Central Office

Scheduled Menu Plans

Serving Period: Lunch

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/14/2019

Feeding Figure: 135

Base Menu Plan: 1,003,637 EE 1-5Y LUNCH W3D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
A325	BEEF FINGERS #2074	1	4 FINGERS	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	230.0000	kcal	Carbohydrate	16.0000	g
2388	COOKIE HOLIDAY HEART	1	COOKIE (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	120.0000	kcal	Carbohydrate	19.0000	g
A005	POTATOES, MASHED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	85.3963	kcal	Carbohydrate	18.1467	g
A140	COUNTRY GRAVY	1	2 OZ	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	59.4904	kcal	Carbohydrate	8.4986	g
A010	GREEN BEANS	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	94.7210	kcal	Carbohydrate	18.6194	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/14/2019

Feeding Figure: 135

Base Menu Plan: 3,057 EE 1-5Y SNACK W3D4 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/15/2019 **Feeding Figure:** 133
Base Menu Plan: 3,018 EE 1-5Y BFAST W3D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A376	PIZZA BREAKFAST TRK/SAU #1196	1	1 PIZZA	133
	Nutrient	Value	Units	
	Food Energy	210.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.0000	g	
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	133
	Nutrient	Value	Units	
	Food Energy	29.4972	kcal	
	Nutrient	Value	Units	
	Carbohydrate	7.5488	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/15/2019 **Feeding Figure:** 135
Base Menu Plan: 1,003,511 EE 1-5Y LUNCH W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
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Independence Central Office

Scheduled Menu Plans

A345	PIZZA FIESTADA WG #2170	1	1 PIECE	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	340.0001	kcal	Carbohydrate	39.0000	g
A070	CARROTS, COOKED	1	1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	27.9508	kcal	Carbohydrate	6.2113	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	60.0000	kcal	Carbohydrate	14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/15/2019

Feeding Figure: 135

Base Menu Plan: 4,392 EE 1-5Y SNACK W1D1 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity		
2431	CRACKER CHED CHEESE CRISPY IW	1	PKG (1)	135		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	110.0000	kcal	Carbohydrate	17.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	50.0000	kcal	Carbohydrate	6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	68		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34		
	Nutrient	Value	Units	Nutrient	Value	Units
	Food Energy	75.0000	kcal	Carbohydrate	5.5000	g

Serving Period: Breakfast

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/19/2019

Feeding Figure: 133

Base Menu Plan: 3,020 EE 1-5Y BFAST W4D2 18-19

Menu Comments:

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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A322	EGG, SCRAMBLED, CHEESY EE	1	1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	201.9896	kcal	Carbohydrate
				4.4970 g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	133
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
A7078	STRAWBERRIES #7112	1	1/2 CUP	133
	Nutrient	Value	Units	Nutrient
	Food Energy	69.4375	kcal	Carbohydrate
				16.4915 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/19/2019 **Feeding Figure:** 135
Base Menu Plan: 3,932 EE 1-5Y LUNCH W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A081	WG SOFT TACO W/MEAT	1	1 TACO	135
	Nutrient	Value	Units	Nutrient
	Food Energy	275.4966	kcal	Carbohydrate
				24.5578 g
7045	SALSA	1	Ounce	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.8527	kcal	Carbohydrate
				1.7705 g
A069	BEANS, REFRIED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	131.7402	kcal	Carbohydrate
				20.3267 g
A359	CORN, COOKED	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	133.2287	kcal	Carbohydrate
				30.7451 g

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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	135
	Nutrient	Value	Units	
	Food Energy	52.5100	kcal	
	Nutrient	Value	Units	
	Carbohydrate	13.4756	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/19/2019 **Feeding Figure:** 135
Base Menu Plan: 3,060 EE 1-5Y SNACK W4D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
7158	APPLESAUCE CUP CINNAMON	1	CUP (1)	135
	Nutrient	Value	Units	
	Food Energy	59.7557	kcal	
	Nutrient	Value	Units	
	Carbohydrate	14.9389	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/20/2019 **Feeding Figure:** 133
Base Menu Plan: 4,152 EE 1-5Y BFAST W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A468	PANCAKE STRAWBERRY #2410	1	1 PKG	133
	Nutrient	Value	Units	
	Food Energy	220.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	40.0000	g	

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Independence Central Office

Scheduled Menu Plans

1333	BANANAS PREM 40LB	1	1/2 BANANA	133
	Nutrient	Value	Units	Nutrient
	Food Energy	52.5100	kcal	Carbohydrate
				13.4756 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/20/2019 **Feeding Figure:** 135
Base Menu Plan: 3,933 EE 1-5Y LUNCH W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A116	WG BEEFY MAC & CHEESE	1	6 OUNCES	135
	Nutrient	Value	Units	Nutrient
	Food Energy	308.7066	kcal	Carbohydrate
				31.5483 g
a131	SALAD, DARK GREENS- EL	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	3.5905	kcal	Carbohydrate
				0.6010 g
a360	CARROT, FRESH SHREDDED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	11.6147	kcal	Carbohydrate
				2.7139 g
A361	TOMATO, FRESH DICED	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	8.1076	kcal	Carbohydrate
				1.7522 g
A7020	BEANS, BLACK (SALAD BAR)	1	1/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	75.1369	kcal	Carbohydrate
				13.7866 g
7108	PEACHES DICED	1	SERVING 1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.0000 g
2365	DRESSING RANCH OTT'S	1	Ounce	135
	Nutrient	Value	Units	Nutrient
	Food Energy	85.8443	kcal	Carbohydrate
				4.2922 g

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Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/20/2019 **Feeding Figure:** 135
Base Menu Plan: 3,061 EE 1-5Y SNACK W4D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1387	GRAHAMS ORIGINAL	1	PKG (1)	135
	Nutrient	Value	Units	
	Food Energy	90.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/21/2019 **Feeding Figure:** 133
Base Menu Plan: 3,022 EE 1-5Y BFAST W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A039	OATMEAL, APPLE CINNAMON	1	1 CUP	133
	Nutrient	Value	Units	
	Food Energy	90.7747	kcal	
	Nutrient	Value	Units	
	Carbohydrate	19.5767	g	
7101	PEARS DICED CANNED	1	SERVING 1/2 CUP	133
	Nutrient	Value	Units	
	Food Energy	60.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.0000	g	

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Independence Central Office

Scheduled Menu Plans

2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	127
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.5000	g	

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/21/2019 **Feeding Figure:** 135
Base Menu Plan: 3,934 EE 1-5Y LUNCH W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
A084	MEATLOAF-SLICES	1	1 SLICE	135
	Nutrient	Value	Units	
	Food Energy	227.0069	kcal	
	Nutrient	Value	Units	
	Carbohydrate	16.9442	g	
A026	ROLLS, WHEAT, WG	1	2 OUNCE	135
	Nutrient	Value	Units	
	Food Energy	178.5303	kcal	
	Nutrient	Value	Units	
	Carbohydrate	29.0164	g	
A005	POTATOES, MASHED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	85.3963	kcal	
	Nutrient	Value	Units	
	Carbohydrate	18.1467	g	
A524	GRAVY BROWN LS #2421	1	2 OZ	135
	Nutrient	Value	Units	
	Food Energy	25.2695	kcal	
	Nutrient	Value	Units	
	Carbohydrate	4.0431	g	
A057	BROCCOLI, STEAMED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	26.2924	kcal	
	Nutrient	Value	Units	
	Carbohydrate	5.0593	g	
A050	APPLES, HOT SPICED	1	1/2 CUP	135
	Nutrient	Value	Units	
	Food Energy	121.4842	kcal	
	Nutrient	Value	Units	
	Carbohydrate	26.3734	g	
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	
	Food Energy	50.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	6.0000	g	
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	
	Food Energy	75.0000	kcal	
	Nutrient	Value	Units	
	Carbohydrate	9.0000	g	

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Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/21/2019 **Feeding Figure:** 135
Base Menu Plan: 3,062 EE 1-5Y SNACK W4D4 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A474	YOGURT TRIX cherry #2412	1	1 CONTAINER	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		80.0000	kcal	Carbohydrate		15.0000	g
1353	JUICE APPLE 100%	1	1/2 CUP	135			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		55.0000	kcal	Carbohydrate		14.0000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/22/2019 **Feeding Figure:** 133
Base Menu Plan: 3,023 EE 1-5Y BFAST W4D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A388	PANCAKE BANANA MINI	1	1 PKG	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		200.0000	kcal	Carbohydrate		37.0000	g
a7074	BLUEBERRIES #7074	1	1/2 CUP	133			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		39.5599	kcal	Carbohydrate		9.2966	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value	Units	Nutrient		Value	Units
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/22/2019 **Feeding Figure:** 135
Base Menu Plan: 4,391 EE 1-5Y LUNCH W3D5 18-19
Menu Comments:

Trans Fat is displayed for informational purposes only, not for monitoring.
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Independence Central Office

Scheduled Menu Plans

Stock Number	Description	Serving Size	Measure	Projected Quantity
A414	CHICKEN & NOODLES-GAGE	1	3/4 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	209.5704	kcal	Carbohydrate
				26.7570 g
A024	BISCUITS, MINI, WG	1	1.25 OUNCE	135
	Nutrient	Value	Units	Nutrient
	Food Energy	110.0000	kcal	Carbohydrate
				15.0000 g
A012	PEAS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	71.6249	kcal	Carbohydrate
				12.3532 g
A7078	STRAWBERRIES #7112	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	69.4375	kcal	Carbohydrate
				16.4915 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack

Serving Line: MAIN

Age Group: Grades K-5

Date: 2/22/2019

Feeding Figure: 135

Base Menu Plan: 3,063 EE 1-5Y SNACK W2D5,W4D5 18-19

Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
1329	ORANGE 138 CT	1	1/2 CUP (4-6 WEDGES)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	29.4972	kcal	Carbohydrate
				7.5488 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g

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Independence Central Office

Scheduled Menu Plans

2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/26/2019 **Feeding Figure:** 133
Base Menu Plan: 3,005 EE 1-5Y BFAST W1D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A041	BISCUITS W/GRAVY, WG. MINI	1	2 BISCUITS	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		279.4904	kcal	Carbohydrate		38.4986	g
7108	PEACHES DICED	1	SERVING 1/2 CUP	133			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		60.0000	kcal	Carbohydrate		14.0000	g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	2			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		50.0000	kcal	Carbohydrate		6.0000	g
2144	MILK 1% HALF GAL	1	6 OZ	127			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		9.0000	g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	6			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		75.0000	kcal	Carbohydrate		5.5000	g

Serving Period: Lunch **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/26/2019 **Feeding Figure:** 135
Base Menu Plan: 3,925 EE 1-5Y LUNCH W2D5 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity			
A093	TANGERINE CHICKEN	1	1/3 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		221.1795	kcal	Carbohydrate		29.1025	g
A019	RICE, STEAMED	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		46.8472	kcal	Carbohydrate		7.4235	g
A012	PEAS	1	1/2 CUP	135			
Nutrient		Value Units		Nutrient		Value Units	
Food Energy		71.6249	kcal	Carbohydrate		12.3532	g

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Independence Central Office

Scheduled Menu Plans

7039	PEARS SLICED LS	1	1/2 CUP	135
	Nutrient	Value	Units	Nutrient
	Food Energy	60.0000	kcal	Carbohydrate
				14.9999 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Snack **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/26/2019 **Feeding Figure:** 135
Base Menu Plan: 3,936 EE 1-5Y SNACK W1D2,W3D2 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2393	CRACKER BEAN AND VEG IW	1	PKG (1)	135
	Nutrient	Value	Units	Nutrient
	Food Energy	140.0000	kcal	Carbohydrate
				22.0000 g
2144	MILK 1% HALF GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	50.0000	kcal	Carbohydrate
				6.0000 g
2144	MILK 1% HALF GAL	1	6 OZ	68
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				9.0000 g
2152	MILK WHOLE 1/2 GAL	1	4 OZ (CACFP)	34
	Nutrient	Value	Units	Nutrient
	Food Energy	75.0000	kcal	Carbohydrate
				5.5000 g

Serving Period: Breakfast **Serving Line:** MAIN **Age Group:** Grades K-5
Date: 2/27/2019 **Feeding Figure:** 133
Base Menu Plan: 3,006 EE 1-5Y BFAST W1D3 18-19
Menu Comments:

Stock Number	Description	Serving Size	Measure	Projected Quantity
2383	WAFFLE MINI BLUEBERRY BASH	1	PKG (1)	133
	Nutrient	Value	Units	Nutrient
	Food Energy	200.0000	kcal	Carbohydrate
				36.0000 g

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